

## POSTOPERATIVE INSTRUCTIONS

1. Go home and rest for the remainder of the day.
2. Do NOT perform any strenuous activity. You should remain in the company of a responsible adult until you are fully alert.
3. Do not attempt to eat a heavy meal immediately. If you are hungry, a light meal (liquids and toast) will be more than adequate.
4. A feeling of nausea may occasionally develop after sedation. The following may help you feel better:  
A: Lying down for a while  
B: A glass of a cola beverage
5. Do not drive a motor vehicle or perform any hazardous tasks for the remainder of the day.
6. Do not take any alcoholic beverages or any medications for the remainder of the day unless you have contacted me first.
7. Medications may have been ordered for you by the doctor. Take them only as directed.
8. If you have any unusual problems you may call 770/474-6900.